

2010



Valley Journal Marathon

August 21, 2010

OFFICE USE ONLY:
Check # _____
M HM M F
Bib # _____
Time _____

Last Name _____ First Name _____ Middle Initial _____

Address _____ City _____ State _____ Zip Code _____

Email address: _____

Date of Birth ____/____/____ Age on race day ____ Telephone # (____) ____ - _____

First Marathon? Yes ___ No ___

Foot race only no bikes or mechanical devices allowed on course.

Registering for Marathon Half-Marathon

Sex - M F Adult Shirt Size - S M L XL XXL

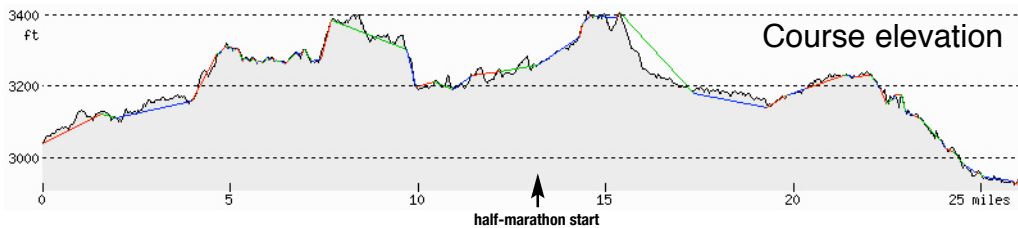
Entry Fees - includes one tee shirt

Marathon \$45 (thru Aug. 1) \$50 (race day 5-5:15 a.m.)

Half-Marathon \$30 (thru Aug. 1) \$35 (race day 7-7:45 a.m.)

Make checks payable to: Valley Journal

Mail check, signed form to: Valley Journal, PO Box 326, Ronan, MT 59864



Park in Polson at or near Riverside Park. Shuttle buses will run from Riverside Park in Polson. Be early — last bus leaves 45 minutes before start of each race.

Waiver and Release Statement:

In consideration of accepting this entry, I RELEASE - for myself and my heirs, executors, administrators, legal representatives, assigns and successors in interest, and for my child (if parent or guardian signing on behalf of a participant under the age of 18, referred to as "my child") - the Valley Journal Marathon, the Valley Journal, the City of Ronan, or Lake County and all other promoters, sponsors, organizers and volunteers of this event, and the officers, directors, shareholders and/or members, agents and employees of each, as well as all medical, law enforcement and other personnel assisting with this event, the owners of property through which the event course traverses, and their representatives, successors and assigns (collectively "Released Parties") from any and all rights, claims or liability for damage for any and all injuries to me, my child or my property arising out of or in connection with my participation in this event, including acts of God. I further agree that I WILL DEFEND, INDEMNIFY AND HOLD HARMLESS the Released Parties against all claims, demands and causes of action, including court costs and reasonable attorneys' fees, directly or indirectly arising from any action or other proceeding brought by or prosecuted contrary to this Agreement for the benefit of me or my child. This Agreement extends to all claims of every kind and nature whatsoever, whether known or unknown. I FULLY ASSUME THE RISKS ASSOCIATED WITH MY AND/OR MY CHILD'S PARTICIPATION IN THIS EVENT, including but not limited to: the dangers of falls and collisions with pedestrians, vehicles and fixed or moving objects; the dangers of road conditions, surface hazards, weather conditions, and inadequate clothing; encounters with wild or domesticated animals; the possibility of serious physical and/or mental trauma or injury or death associated with an athletic trail run; and dangers caused by others' negligence. I certify that I am and/or my child is physically and mentally fit to participate in this event. I understand that entry fees are necessary to meet the cost of preparation, months in advance of the run, and that if the run is canceled because of weather conditions, fire, drought, acts of God, or other circumstances beyond the control of run management, the entry fee will not be refunded.

PARENT OR GUARDIAN MUST SIGN FOR MINOR.

Signature of Participant: _____ Date: _____

Printed Name of Participant: _____

If Participant is younger than 18 years

Signature of Parent/Guardian: _____

Printed Name of Parent/Guardian: _____

What: 3rd annual
Valley Journal Marathon

When: August 21, 2010
6 a.m. marathon start
8:30 a.m. half-marathon start

Where: (park vehicles in Polson)
• Marathon starts in Ronan, at the intersection of US 93 and Terrace Lake Road. Finishes at Polson's Riverside Park.
• Half-marathon starts near intersection of Minesinger Trail and Mountain View Rd.
• Runners will be bused to both starting lines, so park personal vehicles in Polson at Riverside Park.

Course: Mostly paved road, some gravel and some trail on a scenic route.

Notes: Not a certified course. Foot race only, no bikes. We'll run for the fun, come rain or shine. Registration on day of race ends at 5:30 a.m. Course closes at noon.